

MAGNUS COMMUNITY SPORTS CENTRE

Tier three - Very High Alert Level and sports guidance

In this guidance, 'organised sport' refers to sport, which is formally organised by a national governing body, club, public body, qualified instructor, company or charity, and which follows the sport's national governing body's guidance. For team sports and higher-risk activities, this guidance must be approved by government before the sport can resume. Restrictions and exemptions which apply to organised sport (such as training or playing a match with your local club) are a departure from the legal gathering limits which normally apply. Informal or self-organised sport (such as a kickabout with friends) is not covered, and can only take place within the legal gathering limits which otherwise apply

ARCHERY

OUTDOOR

In all tiers, a target boss may be used by up to a maximum of 4 archers from different households, in two details, or one group of archers of any size if from the same household.

Individual targets should be positioned a minimum of 3.66 metres from each target lane centre (depending on available space). If two targets are placed in a lane for use by a household, then 5 metres should remain between the centres of the adjoining targets.

In Tier 2 and Tier 3 areas, indoor spaces, and facilities (apart from indoor shooting ranges) must close, except for toilets.

INDOORS

For each Covid-level alert area the following restrictions apply:

Tier 1 - 2 archers from different households using a target face each per target boss, or; 1 single household/bubble per target boss

Tier 2 - 2 archers from different households using a target face each per target boss, or; 1 single household/bubble per target boss

Tier 3 - A single archer per target boss, or; A single household / bubble per target boss

Face coverings must be always worn when shooting indoors, except when actively shooting. Anyone with a medical condition or under 12 years of age is exempt.

A minimum of 2 metre target boss centres should be used, however the preferred indoor target boss centres is 3.3m, however it is the responsibility of each club to make their own assessment based on their local environment, member preferences and risk assessment. On the shooting line use physical barriers such as protective screens between archers where boss centres are less than 3.3m.

Target boss centre spacing of less than 2 metres is not permitted.

Ensure hygiene rules are enforced and limit contact with other people by building in additional measure – e.g. targets 1, 3 and 5 collect arrows, then targets 2 and 4; separate archer's LH & RH so not to shoot face to face.

There are exceptions for indoor disability sport, sport for educational purposes and supervised sport and physical activity for groups of under-18's

BADMINTON

- Social Play (recreational play and play)

Adults – same household or support bubble only

Singles and doubles for disabled players and U18s in supervised activity

- Organised activity

Group activity for U18s, disability and over 18s for education only

- 1:1 Coaching

Permitted - follow current coaching guidance

- Competition

Singles and doubles for U18s, disability and education (max group size 15)

- Coach Education

Not permitted

- Spectating & Supervising

Parent/guardian supervision permitted (one per player), no other spectating permitted

- Travel

Avoid travelling to other parts of the UK

EMD UK - THE NATIONAL GOVERNING BODY FOR GROUP EXERCISE

Return of group exercise classes in England

Following dialogue with Sport England and DCMS, CIMSPA and EMD UK can confirm the following details for group exercise classes in England, once the new Tier system comes into effect from 00:01 on Wednesday 2 December

Tier 3

Outdoors

Personal training can take place in groups of up to 6 people from different households including the instructor, in a public outdoor space.

Organised outdoor sport, physical activity and exercise classes can continue in groups of up to 30 people, including the instructor/s, in a public outdoor space.

Higher-risk contact activity should not take place (we are seeking clarity on the definition of higher-risk).

COVID-secure guidance should be followed. We also recommend participants wear face masks until they are in their allocated class space.

Indoors

Organised indoor sport, physical activity and exercise classes cannot take place indoors. We are still in discussions with DCMS on this and will provide an update as soon as possible.

There are exceptions for indoor disability sport, sport for educational purposes and supervised sport and physical activity for under-18s.

Travel Restrictions For Instructors

You can travel between tiers when necessary for work.

If you travel from Tier 2 to Tier 1 you must continue to follow the Tier 2 rules.

If you travel from Tier 1 to Tier 2 you must follow the Tier 2 rules.

If you travel from Tier 1 or 2 to Tier 3 you must follow the Tier 3 rules.

If you travel from Tier 3 to Tier 1 or 2 you must follow the Tier 3 rule

ENGLAND HOCKEY

Following on from the government update for sport issued on the evening of 1 December, England Hockey can now confirm details for clubs, players, officials and associations.

In general terms the news is positive that clubs will be able to train and play matches, however there are now significant challenges related to travel that are likely to interrupt adult league activity.

For clubs in Tier 3, training and matches can take place but only for players and teams within the same Tier 3 Area. The same restrictions on car sharing apply as in Tier 2. Clubs are encouraged to welcome players that cannot access their usual club due to the restrictions.

The key changes are as follows:

Junior (under 18) and disability hockey has exemption and can continue across all Tiers. Cars can be shared if necessary, as long as safer travel guidance is followed. Volunteers supporting junior hockey can travel.

Adult hockey is more restricted, as below:

Adult hockey in Tier 3:

Players can only travel within their Tier 3 area to reach their club or to play matches within the same Tier 3 Area.

Players that are members of Tier 1 or 2 clubs cannot leave the Tier 3 area to get to their club.

THE FA

From Wednesday December 2 the national lockdown restrictions in England will end and we will move into the Government's Covid-alert tier system.

This guidance document applies to all youth and adult football and futsal, including all formats of the game.

Organised grassroots football can take place outdoors in all three tiers. Adults can travel to play grassroots football in between Tier 1 and Tier 2. However, adults cannot travel in and out of Tier 3 to play grassroots football.

There are exemptions for travel in and out of Tier 3 for under-18s, disability teams, volunteers, elite players and for those travelling for work.

Training for teams in Tier 3 must have minimal contact. Indoor sport can resume in Tiers 1 and 2. In Tier 1, organised indoor football can take place if the rule of six is followed. In Tier 2, organised indoor football will only be permitted if it is possible for people to avoid mixing with people they do not live with (or share a support bubble with). In Tier 3, indoor football cannot take place.

In all three tiers there are exceptions for indoor disability football, sport for educational purposes and supervised sport and physical activity for under-18s, which can take place with larger groups mixing.

This guidance should be read in conjunction with the Government's latest Covid-19 guidance.

OTHER USEFUL LINKS

Government Guidance - Local COVID alert level: very high

<https://www.gov.uk/guidance/local-covid-alert-level-very-high#sport-and-physical-activity>

Sport England

<https://www.sportengland.org/how-we-can-help/coronavirus#latestgovernmentguidance>

Sport and Recreation Alliance – web addresses for sport government bodies latest Covid updates

<https://www.sportandrecreation.org.uk/news/covid-19/member-activity-area>