

# MAGNUS COMMUNITY SPORTS CENTRE

## Tier three - Very High Alert Level and sports guidance

People are advised not to travel into or out of areas that have a very high alert level, including for sport, unless this is necessary to enable individual exercise or to exercise for people from the same household or support bubble. This does not apply to travel where it is necessary to enable disability sport, sport for educational purposes, elite sport or supervised sport and physical activity for under-18s to take place.

In Tier 3 areas, indoor gyms, fitness and dance studios and indoor sports facilities will be required to close.

However, exemptions apply which allows these venues to be used by under 18s, people with a disability and over 18s, where this is for educational purposes. The following may also be permitted.

Double check with our local authority, as they have the final decision.

### ARCHERY

Organised archery sessions can take place in numbers greater than six in COVID-19 secure venues – archers should stay separate and not mix for the duration of the session. There is an exemption for activity for disabled people, which can take place in any number, and organised group indoor activity for children is unaffected by this change and can continue as before in line with the limits for outdoors.

### BADMINTON

Social Play (recreational play and play) is permitted

Adults same household only

Juniors and disabled people following current guidance parent/guardian supervision permitted, one per player.

Coach permitted with one household/bubble only

### BRITISH JUDO

With the correct social distancing rules enforced in venues and with a non-contact nature of training schedules, judo is effectively classified as an “*organised exercise class*”.

The mat area for all ages is to be 3 x 3m. This allows clubs to fit a **maximum** of 15 athletes on the mat at any one time with social distancing.

### EMD UK - THE NATIONAL GOVERNING BODY FOR GROUP EXERCISE

Exercise classes can still take place so long as they follow the relevant social contact rules at the various tiers. So, at Tier 3 you can run exercise classes if there is no mixing between the individual participants. Your participants must not mix as per the Rule of 6. This does not mean you can only have six in your class – it means your classes must be appropriately socially

distanced with each person having their own space and people must not come as a group or commune in spaces. Your class numbers remain as they are.

Classes can continue to go ahead as normal where COVID-19 compliancy measures are being met, regardless of tier.

### **ENGLAND HOCKEY**

Intra club activity or local matches against clubs from the same level 3 area only. No league matches unless against teams with-in the same level 3 area.

Aim to travel within household group or support bubble only.

Players should not travel outside level 3 area, even to their member club – u18's and disabled exempt. They can only attend club activity if they live in the same level 3 area.

Spectators only permitted within household or support bubble groups

### **THE FA**

Following the UK Government's latest announcement regarding the introduction of local COVID alert levels, the guidance for grassroots football remains the same.

It is extremely important that clubs, players, coaches, match officials, league officials, volunteers, parents, carers, and facility providers continue to strictly follow this guidance as well as the UK Governments' latest guidance on COVID-19.

County Football Associations continue to work closely with local authorities to determine their regional situation and, if necessary, they will issue updated information in line with respective local COVID alert levels.

However, spectators should follow the Government guidance and do not travel into or out of 'Very High' Tier 3 areas.

### **OTHER USEFUL LINKS**

*The FA - download summary*

<https://www.thefa.com/-/media/thefacom-new/files/get-involved/2020/guidance-on-indoor-and-outdoor-football-summary---23-september.ashx>

*Government Guidance - Local COVID alert level: very high*

<https://www.gov.uk/guidance/local-covid-alert-level-very-high#sport-and-physical-activity>

*Sport England*

<https://www.sportengland.org/how-we-can-help/coronavirus#latestgovernmentguidance>

*Sport and Recreation Alliance – web addresses for sport government bodies latest Covid updates*

<https://www.sportandrecreation.org.uk/news/covid-19/member-activity-area>